

# April 1<sup>st</sup> – 5<sup>th</sup> 2024

# OZANAM LEARNING CENTRE

99 Forbes St. Gadigal Land,  
Woolloomooloo NSW 2011  
02 9358 8100 [olc@vinnies.org.au](mailto:olc@vinnies.org.au)  
[www.vinnies.org.au](http://www.vinnies.org.au)

## DROP-IN ACTIVITIES & GROUPS

### MONDAY 1<sup>st</sup>

**OLC CLOSED**

*Public Holiday*

### TUESDAY 2<sup>nd</sup>

**3D Art Workshop**

10am – 12pm



**Yoga**

11am – 12pm

**Eating the Elephant**



**Support Group**

11am – 2pm

**Milkcrate Theatre**

12.30pm – 2.30pm



**Artspace Biennale Tour**

1.30pm – 3pm

Leave OLC 1pm

**Creative Writing**

2pm – 3pm



### WEDNESDAY 3<sup>rd</sup>

**Craft**

10.30am – 12pm



**Narcotics Anonymous**

12pm – 1.15pm



**Tech Support**

12pm – 2pm

**Music Therapy**

1pm – 2.30pm



**Voices Within Support**

**Group**

2pm – 3.30pm

### THURSDAY 4<sup>th</sup>

**SMART Recovery**

10am – 11.30am

**Kundalini Yoga Meditation**



11.30am – 1pm

**Ladies Lunch**

12.30pm – 2pm



**Tech Support**

1pm – 3pm

**Music to My Ears**

1pm – 3pm

**Mindful Mending**

1.30pm – 3pm

### FRIDAY 5<sup>th</sup>

**Open Art Studio**

9.30am – 12.30pm



**Cultural Art**

10am – 12pm

**Centrelink Outreach**

From 2pm

**Tech Support**

3pm – 4pm







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## BOOK-IN ACTIVITIES & GROUPS

MONDAY 1 <sup>st</sup>	TUESDAY 2 <sup>nd</sup>	WEDNESDAY 3 <sup>rd</sup>	THURSDAY 4 <sup>th</sup>	FRIDAY 5 <sup>th</sup>
<b>OLC CLOSED</b> <i>Public Holiday</i>	<b>TAFE Studio to Gallery</b> 9.30am – 12.30pm 	<b>Pottery</b> 9.30am – 1pm	<b>Pottery</b> 9.30am – 12.30pm	<b>Reading &amp; Writing Support</b> 10am – 12pm 
	<b>ACAP Counselling Sessions</b> 10am – 2pm	<b>Songwriting Development</b> 10am – 12pm	<b>TAFE Intro to Music Industry</b>  10am – 12pm	<b>Cooking &amp; Nutrition</b> 10am – 12.30pm 
		<b>ACAP Counselling Sessions</b> 10am – 2pm	<b>ACAP Counselling Sessions</b> 10am – 2pm	
		<b>TAFE Garden to Plate</b> 1.30pm – 3.30pm 	<b>Life Admin with Katerina</b> 10am – 12pm	
		<b>Life Admin with Marietta</b> 1.30pm – 3.30pm		

To book in for these programs, chat to staff, call us on 9358 8100 or email [olc@vinnies.org.au](mailto:olc@vinnies.org.au)