



St Vincent de Paul Society
CANBERRA/GOULBURN
good works

VINNIES

GIVE WARMTH THIS WINTER

SCHOOLS KIT



Thank You

The Vinnies Winter Appeal and Essentials Packs allow us to provide services and material aid for our companions who are experiencing homelessness or financial hardship. With your support we can continually offer a “Hand Up” to the people in our community who are experiencing disadvantage.

If you would like to donate material aid, please complete our [sign-up form](#).



in 2023

Canberra experienced
a low of

-7.2°

more than

122,000

people are experiencing
homelessness in
Australia

in 2022

3.3 million

people lived below
the poverty line in
Australia

The Night Patrol Van
provided

8,114

instances of
material support

**Top 3 most expensive
states for housing costs**

- 1 NT**
- 2 ACT**
- 3 NSW**

**Relationship
and family
breakdown**

is one of the
leading causing
of homelessness



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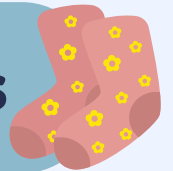
Donation Guide

Rough Sleeping Essentials



Jackets

Warm Socks



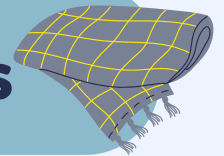
Jumpers

Scarves



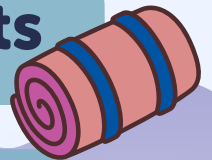
Gloves

Blankets



Sleeping Bags

Sleeping Mats



**Supermarket
Vouchers**



**Non-Perishable
Snacks**



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Donation Guide

Pantry Essentials

Breakfast

Long-Life Milk
Plant-Based Milk
Cereal and Muesli
Rolled and Quick Oats
Spreads
Tinned Fruit
Baked Beans



Pantry Staples

Oils and Vinegars
Tomato Paste
Dried Herbs and Spices
Sauces and Condiments
Baking Goods
Dry Pet Food



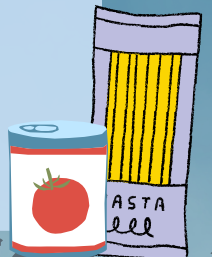
Snacks & Drinks

Muesli Bars
Nuts and Dried Fruit
Crackers and Crispbreads
Chips
Popcorn
Biscuits
Coffee and Tea
Juice Boxes



Lunch & Dinner

Rice or Grains
Pasta or Noodles
Tinned Vegetables
Tinned or Dried Legumes
Tinned Fish and Meat
Tinned Tomatoes
Pasta Sauce
Non-Perishable Soup
Non-Perishable Meals



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Hygiene Essentials

Toothbrush

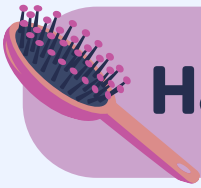
Toothpaste



Deodorant

Moisturiser

Hairbrush



Face Washer

Toiletries Bag

Body Wash

Shaving Foam

Razors



**Shampoo &
Conditioner**



**Sanitary
Products**



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Donation Guide

Financial Donations

Direct Deposit

Account Name: St Vincent de Paul Society

BSB Number: 062 786

Account Number: 14760

Please email any remittance inquiries to
giving.cg@vinnies.org.au

Create a Fundraising Page

Go to [Shout for Good](#), create a fundraising page, choose Vinnies Canberra / Goulburn as your charity and get fundraising!



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