


May 20th – 24th 2024


OZANAM LEARNING CENTRE

Level 3 / 99 Forbes St. Gadigal Land,
Woolloomooloo NSW 2011
0482 131 182 | 02 9358 8100
olc@vinnies.org.au
www.vinnies.org.au

DROP-IN ACTIVITIES & GROUPS


MONDAY 20th


Art Class 
9.30am – 12.30pm


Open Art Studio 
1.30pm – 3.30pm


Cultural Art
1pm – 3pm


TUESDAY 21st

Guitar Lessons 
10am – 12pm


Yoga 
11am – 12pm


Milkcrate Theatre 
12.30pm – 2.30pm

Songbirds Songwriting Group 
1pm – 3pm


Gardening 
1pm – 3pm

Cultural Art
1pm – 3pm

Creative Writing 
2pm – 3pm


Singing Group 
3pm – 4pm


WEDNESDAY 22nd


Craft 
10.30am – 12pm

Sports Activities
11am – 12pm

Narcotics Anonymous
12pm – 1.15pm


Tech Support 
12pm – 2pm

Music Therapy 
1pm – 2.30pm


Hearing Voices Support Group 
2pm – 3.30pm


THURSDAY 23rd

SMART Recovery
10am – 11.30am

Kundalini Yoga Meditation 
11.30am – 1pm


Ladies Lunch 
12.30pm – 2pm

Gardening 
1pm – 3pm


Music to My Ears 
1pm – 3pm

FRIDAY 24th

Open Gym Support
Available through the day

Open Art Studio 
9.30am – 12.30pm

Cultural Art
10am – 12pm






Performance Storytelling & Music 
1pm – 3pm

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BOOK-IN ACTIVITIES & GROUPS

MONDAY 20 th	TUESDAY 21 st	WEDNESDAY 22 nd	THURSDAY 23 rd	FRIDAY 24 th
<p>English Second Language (ESL) Help 10am – 12pm </p>	<p>ACAP Counselling Sessions 10am – 2pm</p> <p>Eating the Elephant Support Group <i>(Closed Group)</i> 11am – 12pm </p> <p>Legal Service (Zoom) 11am – 1pm</p> <p>Life Admin with Alice 1.30pm – 3.30pm</p>	<p>Ceramic Techniques 9.30am – 1pm'</p> <p>TAFE Kitchen Hand Skills (AM Session) 9.30am – 12.30pm</p> <p>TAFE Kitchen Hand Skills (PM Session) 1pm – 4pm</p> <p> Songwriting Development 1pm – 3pm</p>	<p>ACAP Counselling Sessions 10am – 2pm</p> <p>Pottery 9.30am – 12.30pm</p> <p>TAFE Music to Industry 10am – 12pm</p> <p>Life Admin with Katerina 10am – 12pm</p>	<p>Reading Support 10am – 12pm </p> <p>Cooking & Nutrition 10am – 12.30pm </p> <p>Hairdressing 12pm – 3pm</p>

To book in for these programs, chat to staff or text us on 0482 131 182, call us on 9358 8100 or email olc@vinnies.org.au