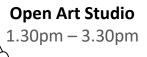
May $20^{th} - 24^{th} 2024$ **DROP-IN ACTIVITIES & GROUPS**

Level 3 / 99 Forbes St. Gadigal Land, Woolloomooloo NSW 2011 0482 131 182 | 02 9358 8100 olc@vinnies.org.au www.vinnies.org.au

MONDAY 20th

Art Class

9.30am - 12.30pm



Cultural Art 1pm - 3pm

TUESDAY 21st

Guitar Lessons 10am - 12pm

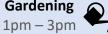
> Yoga 11am – 12pm



Songbirds Songwriting Group

1pm - 3pm

Gardening



Cultural Art

1pm - 3pm

Creative Writing 2pm – 3pm **2**



WEDNESDAY 22nd

Craft



Sports Activities

11am - 12pm

Narcotics Anonymous

12pm - 1.15pm

Tech Support



Music Therapy 1pm - 2.30pm

Hearing Voices Support Group

2pm - 3.30pm

THURSDAY 23rd

SMART Recovery

10am - 11.30am



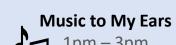
11.30am - 1pm

Ladies Lunch

12.30pm - 2pm

Gardening

1pm - 3pm



FRIDAY 24th

Open Gym Support

Available through the day

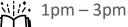
Open Art Studio

9.30am − 12.30pm ∦

Cultural Art

10am - 12pm

Performance Storytelling & Music



May 20th — 24th 2024 **BOOK-IN ACTIVITIES & GROUPS**

OZANAM **Learning Centr**

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MONDAY 20th

English Second Language (ESL) Help

10am − 12pm 🙎

TUESDAY 21st

ACAP Counselling Sessions

10am - 2pm

Eating the Elephant

Support Group

(Closed Group) 11am – 12pm

Legal Service (Zoom)

11am - 1pm

Life Admin with Alice

1.30pm - 3.30pm

WEDNESDAY 22nd

Ceramic Techniques

9.30am - 1pm⁴

TAFE Kitchen Hand Skills (AM Session)

9.30am - 12.30pm

TAFE Kitchen Hand Skills (PM Session)

1pm - 4pm

Songwriting Development

1pm - 3pm

THURSDAY 23rd

ACAP Counselling Sessions

10am - 2pm

Pottery

9.30am - 12.30pm

TAFE Music to Industry

10am - 12pm

Life Admin with Katerina

10am - 12pm

FRIDAY 24th

Reading Support

10am – 12pm

Cooking & Nutrition

10am – 12.30pm

Hairdressing

12pm – 3pm