



**Vinnies**  
good works

# Services Helping Our Community

Learn about the following services that help the community.  
Briefly explain or discuss as a group how they help.

Note: you can do this activity in one session or across a few sessions.

**Passages Youth Engagement Hub (St. Vincent de Paul)**

**Foodbank**

**Kids Helpline**

**Butterfly Foundation**

**Cat Haven**

**Tom Fisher House (St. Vincent de Paul)**

**Headspace**

**Deadly Sista Girlz**

**Canteen**

# Services Helping Our Community:

## Student Example

### **Passages Youth Engagement Hub (St. Vincent de Paul)**

Passages is a daytime centre for people 12-25 who are homeless. They are in Perth and in Mandurah. They are a free place for young people to go if they are homeless or might be homeless soon and need help with things like having a shower, finding a job, dealing with legal problems, or finding somewhere to live.

### **Foodbank**

Foodbank is a food relief charity. People can go shopping for low cost or free food if they are hungry and need help getting enough food to feed their family. They are all around the Perth area and different spots in WA.

### **Kids Helpline**

This is a phone number that kids and teens can call if they need help. They have mental health support for lots of different topics, and can help solve or help problems that young people are having.

### **Butterfly Foundation**

The Butterfly Foundation is a charity that works on the issues of body issues and disordered eating. They have a lot of educational and advocacy programs, and they also have a phone line for anyone struggling with an eating disorder.

### **Cat Haven**

Cat Haven is a cat charity in WA. They take abandoned and rescued cats and make sure they get the help they need so that they can get adopted.

### **Tom Fisher House (St. Vincent de Paul)**

Tom Fisher House is a homelessness shelter in Perth for people who have been homeless for a long time. It is the only shelter in WA where people can bring their pets. It helps people connect to other services they might need and gives them a break from living on the street.

### **Deadly Sista Girlz**

Deadly Sista Girlz is a healthy lifestyle program for school-aged Aboriginal and Torres Strait Islander girls. The program teaches about healthy choices in a way that is designed and appropriate for their cultural background.

### **Headspace**

Headspace is the National Youth Mental Health Foundation. They have therapy and mental health support in person and online for people 12-25 years old.

### **Canteen**

Canteen is a program for people from 12-25 who have cancer. They offer counselling and support for people who have cancer and their families. They also host events and have a lot of resources.