

NAME:

Year 8 – Indigenous Australia – Wellbeing

Read the 'Wellbeing' (page 29) section of the fact book and complete the following activities.

1. The ABS identified seven areas that contribute to wellbeing. Choose three of these areas and explain how they might contribute to an individual's wellbeing.
 - a.
 - b.
 - c.
2. What evidence is there that, for Indigenous Australians, spirituality enhances wellbeing?
3. What evidence is there that, for Indigenous Australians, living on Country enhances wellbeing?
4. Which area of wellbeing would spirituality and living on country fall under?
5. Read the 'Kinship' (page 28) section of the fact book. How might the system of kinship in Indigenous Australian communities contribute to the wellbeing of those communities and the individuals in them?

