



October 2014

Como Social & Leisure Centre hosts art exhibition in support of Mental Health Month

Como Social and Leisure Centre, a Special Work of the St Vincent de Paul Society, will once again host an art exhibition on Friday 31 October featuring artworks from the Como Social & Leisure Centre Art Group and Kurranulla Aboriginal Corporation.

The Como Social and Leisure Centre in conjunction with Local Area Health Services provides social and recreational opportunities for people living with a mental illness including an art program where clients are able to express themselves and communicate through art.

Como Social and Leisure Centre Manager Steve Brown said, "The art program encourages our members to reflect upon and deal with any issues they may be facing while in a supportive and open environment. The members of our art program are able to utilize a diverse range of art forms and mediums."

Beautiful artworks created by people at the Como Social & Leisure Centre Art Group and Kurranulla Aboriginal Corporation will be on display and proceeds from group art works sold during the exhibition will go to funding continuing art programs.

Proceeds from individual artworks sold will go to the artist.

For more information please contact Steve Brown on (02) 9528 4963.

What: Como Social and Leisure Centre art exhibition

When: Friday 31 October 2014 11am-2pm

Where: 4-6 Taplan St, Como

Media Contact: Sophie Bawden (02) 9568 0278 | sophie.bawden@vinnies.org.au