



1 October 2013

Como Social & Leisure Centre hosts art exhibition in support of Mental Health Month

Como Social and Leisure Centre, a Special Work of the St Vincent de Paul Society, is holding an art exhibition on Friday 11 October 2013 in support of Mental Health Month. The exhibition features artworks from the Como Social & Leisure Centre Art Group and Kurranulla Aboriginal Corporation.

The Como Social and Leisure Centre in conjunction with Local Area Health Services provides social and recreational opportunities for people living with a mental illness including an art program where clients are able to express themselves and communicate through art.

Como Social and Leisure Centre Manager Steve Brown said, "The art program allows our members to reflect on their own images and gives legitimacy to their interpretation and experiences. It allows members to give perspective and deal with the issues they may be facing."

Over the last six months, clients have created over 800 beautiful artworks which will be on display at Tradies Gynea for a grand opening on Friday 11 October from 6-9pm and then on Saturday 12 October and Sunday 13 October from 10am-4pm.

Proceeds from group art works sold during the exhibition will go to funding continuing art programs at Como Social & Leisure Centre. Proceeds from individual artworks sold will go to the artist with 10% going to the Centre.

For more information please contact Steve Brown on (02) 9528 4963.

What: Como Social and Leisure Centre art exhibition

When: Friday 11 October 6-9pm; Saturday 12 October and Sunday 13 October 10am- 4pm

Where: Tradies Gynea, 57 Manchester Rd, North Gynea

Media Contact: Sophie Bawden (02) 9568 0278 | sophie.bawden@vinnies.org.au