

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Open 9am 9.15am-10am Free Breakfast 12.00pm-1.00pm Lunch <i>(\$2 where possible)</i>	Open 9am 9.15am-10am Free Breakfast 12.00pm-1.00pm Lunch <i>(\$2 where possible)</i>	Open 9am 9.15am-10am Free Breakfast 12.00pm-1.00pm Lunch <i>(\$2 where possible)</i>	Open 9am 9.15am-10am Free Breakfast 12.00pm-1.00pm Lunch <i>(\$2 where possible)</i>	Open 9am 9.15am-10am Free Breakfast 12.00pm-1.00pm Lunch <i>(\$2 where possible)</i> <i>Cooked breakfast last Friday of the month.</i>
Denture Clinic – By appt	Denture Clinic – By appt	General Dentistry – By appt	General Dentistry – By appt	General Dentistry – By appt
<ul style="list-style-type: none"> ❖ Alcohol & Other Drugs Counsellor ❖ Community Aged Care Packages ❖ Client-volunteer Program ❖ Support Workers/Information Referral ❖ Housing Information & Referral Worker ❖ Women’s Worker ❖ Women’s Early Intervention Program 	<ul style="list-style-type: none"> ❖ Alcohol & Other Drugs Counsellor ❖ Community Aged Care Packages ❖ Client-volunteer Program ❖ Support Workers/Information Referral ❖ Housing Information & Referral Worker ❖ Women’s Worker ❖ Women’s Early Intervention Program 	<ul style="list-style-type: none"> ❖ Alcohol & Other Drugs Counsellor ❖ Community Aged Care Packages ❖ Client-volunteer Program ❖ Support Workers/Information Referral ❖ Housing Information & Referral Worker ❖ Women’s Worker ❖ Women’s Early Intervention Program 	<ul style="list-style-type: none"> ❖ Alcohol & Other Drugs Counsellor ❖ Community Aged Care Packages ❖ Client-volunteer Program ❖ Support Workers/Information Referral ❖ Housing Information & Referral Worker ❖ Women’s Worker ❖ Women’s Early Intervention Program 	<ul style="list-style-type: none"> ❖ Community Aged Care Packages ❖ Client-volunteer Program ❖ Support Workers/Information Referral ❖ Housing Information & Referral Worker ❖ Women’s Worker ❖ Women’s Early Intervention Program
Psychologist (appt only) 9.30-3.30 Bingo @ 10.30am Song writing Music Group 2.00pm-4.00pm	Second Bite – Food Parcels/Bread <i>Available during the day</i> Glass Flowers Music Group 2.00pm-4.00pm	Psychologist (appt only) 9.30-3.30pm <u>Daily activities/games-</u> scrabble, word game, footy tips, Chess club, client internet access, table tennis, various board game, pool table. Podiatrist <i>- once a month</i> <i>- see reception for times</i>	Art Group @ 10.30am Women’s Group Fortnightly 2.30pm First Thursday of the Month, Monthly Outing	Film Club @ 1.30pm Client Participation Group <i>Last Friday of the month</i> Suggestion Box with suggestion Board provided timely response Hair Saloon – Monthly
Dr Hemley at 1.30pm <i>– See reception</i> Dietician <i>- once a month</i> <i>- see reception for times</i>	Nurse Brigid <i>- see reception for times</i> Centrelink 9.30am-11.30am <i>– see reception</i>	Nurse Brigid <i>- see reception for times</i> North Melbourne Legal Service at 11.00am <i>- see reception to make an appointment</i>	Nurse Brigid <i>- see reception for times</i> Optometrist (1 st & 3 rd Thursday of the month) at 9.30am- 11.30am <i>- see reception</i>	Weekly: Inner West Outreach Drug and Alcohol advise, needle exchange and information 11.30am in the courtyard
Every day between 9.00am and 2.30pm: <ul style="list-style-type: none"> ❖ Pick up your mail ❖ Women’s Room ❖ Showers, and free laundry facilities ❖ Tea and coffee ❖ Secure storage area 				